



for BEREAVEMENT, LOSS AND TRANSITION

Spousal Loss Daytime Support Group



A daytime bereavement support group for individuals who are grieving the death of a spouse.

When your spouse dies, you are suddenly thrown into a life that has totally changed. It's difficult to navigate alone through the rough waves of grief. This group gives you a safe place... to share your grief and pain and to learn how to heal.

Tuesdays, 10:30 to Noon

Temple Etz Chaim - 1080 Janss Road.
Thousand Oaks, CA 91360

Led by a HOPE Connection Staff therapist, Lori Oberman, MFT (MFT#45608)

Fee per session- \$30 per session
One Time Orientation Fee - \$50

The groups run in an 8 week series, fees are prepaid at the first session.

For further information and to set up an Orientation appointment:
(818) 788-HOPE (4673) or email info@hopegroups.org

www.hopegroups.org